



You're Telling Me 18-Year-Olds Have Never Known Czechoslovakia?!

Stephanie Cuddihy, University of Denver

Every year, Beloit College publishes their 'Mindset List,' an amusing inventory of items that are supposed to reflect the cultural and political world views of today's 18-year-olds (or, as Beloit's website states, 'a globally reported and utilized guide to the intelligent but unprepared adolescent consciousness' – ha).

I have another name for this list, however. I like to call it the 'What? Seriously?! You've got to be kidding me. I am so flipping OLD' list.

Here are a few highlights of the 2010 edition (for the full list, go to www.beloit.edu/mindset).

- 1. Few in the class know how to write in cursive.
- 10. A quarter of the class has at least one immigrant parent, and the immigration debate is not a big priority ... unless it involves "real" aliens from another planet.
- 11. John McEnroe has never played professional tennis.

- 19. They never twisted the coiled handset wire aimlessly around their wrists while chatting on the phone.
- 21. Woody Allen, whose heart has wanted what it wanted, has always been with Soon-Yi Previn.
- 24. "Cop Killer" by rapper Ice-T has never been available on a recording.
- 28. They've never recognized that pointing to their wrists was a request for the time of day.
- 32. Czechoslovakia has never existed.
- 46. Nirvana is on the classic oldies station.
- 53. J.R. Ewing has always been dead and gone. Hasn't he?
- 67. Ruth Bader Ginsburg has always sat on the Supreme Court.

Upcoming Fall Events

It's hard to believe that fall is upon us ... and with this beautiful time of year comes a flurry of college related activity. College admission counselors are getting ready to pack up their bags to spend weeks on trains, planes and automobiles (okay, so maybe trains is a little outdated) reaching out to prospective students and their families. One great way to connect here in Colorado is at the Day/Night fairs scheduled throughout the state from September 8 through November 11. The full fair schedule is available online on the Colorado Council website.

While college admission counselors are starting to leave their offices, high school counselors are all returning to their offices with lines of students stretching out their doors. So that counselors can better answer all of those burning student questions, Colorado Council hosts

Fall Events: continued on page 4

Update on Colorado State Budget

News Release :: August 10, 2010

Congress passed the Jobs/FMAP bill in the House and the president is set to sign it today at 5pm. This is good news for Colorado.

OSPB Meeting

This morning the governor's office updated lobbyists on the budget balancing package to address the current shortfall. With the passage of Jobs/FMAP the shortfall numbers will be adjusted as follows:

The anticipated budget for Jobs/FMAP was \$212M; we are going to receive \$149M. The Jobs/FMAP bill will give Colorado \$159M but

Budget: continued on page 2

In This Issue:

Counseling Office Makeover	2
Past Scholarship Recipient Sends Thanks	2
Colorado College and University Tour and Visit Days	3
Counselor Bio	5

Counseling Office Makeover

During the 2009-2010 school year, College In Colorado sponsored a counseling center makeover contest, worth over \$3,000, for Colorado middle and high schools. College In Colorado unveiled the results of the makeover at York International School in Mapleton School District during the school's Back to School Night in August. York International has a population of 64% Latino and over 68% of students receiving free and reduced lunch.

Before:



After:



Scholarship Recipient Sends Thanks

5/24/10

Dear Colorado Council,

My name is Lisa Ly & I was a recipient of your scholarship in 2006. Thank you for investing in my education at Colorado College. I graduated with a double major in International Political Economics & Asian Studies.

During my 4 years at CC, I studied abroad twice in China, met amazing professors and students, and also conducted an independent research on Chinese American hybrid identities in San Francisco and New York City. The research contributed to my senior thesis which ended up 74 pages.

I am the first in my family to graduate with a college degree. It was an amazing journey! So what happens next? I have a summer internship with the Art Students League of Denver as the Marketing Assistant. After my internship, I will be starting a 9 month position with the Office of Minority Life & International Studies at CC as the program coordinator. I hope to attend law school in 2-3 years. I have not decided which area of law. The opportunities are endless!

Once again, I offer my sincerest thanks for your generosity.

Sincerely,
Miss Lisa Ly

Budget: continued from page 1

2% can be withheld for administrative costs, leaving \$156M for distribution.

Originally the shortfall was \$205M and would have included cuts to K-12 in the current budget year; with Jobs/FMAP passage the current shortfall for 10-11—based on the June forecast—is \$60M. I specifically asked if K-12 was excluded from the \$60M cut and was given a vague answer that everything was on the table. I will take that to be a yes—K-12 will see a mid-year rescission.

It is anticipated that the shortfall will increase in September and K-12 will definitely be a part of the balancing package beyond the \$60M shortfall we have now. The actuals are coming in slightly lower at this point, but it's too early to gauge specifics.

The governor is announcing his budget balancing package on August 23.

The governor presents his FY 11-12 budget on November 1, a day before the election. The incoming governor is not bound by the current governor's budget in any way. I estimate a \$500M shortfall, which includes caseload increases, ARRA funding ending, but there is no sneak preview.

— Salazar & Associates



Are you a fan?

Get updates and other important information. Search for "Colorado Council on High School & College Relations"!

Colorado College and University Tour and Visit Days

This list is intended to highlight the visit days schools currently have scheduled for this fall; additional dates may be available. Most schools also offer campus tours by appointment or on a walk-in basis. Please visit the school's web site for additional information.

Adams State College	ASC Road Trip: 11/16/10 Discover Day: 10/16/10	http://www.adams.edu/
Aims Community College		http://www.aims.edu/
Arapahoe Community College	Discover ACC: 10/12/10	http://www.arapahoe.edu/
Colorado Christian University	CCU Base Camp (One day preview) 9/24/10, 12/4/10 CCU Summit (Two day preview): 10/28/10-10/29/10, 11/11/10-11/12-10	http://www.ccu.edu/
Colorado College	Fall Open House: 9/20/10, 10/11/10 Multicultural Open House: 11/6/10-11/8/10	http://www.coloradocollege.edu/index.asp
Colorado Mountain College	Glenwood Springs-Spring Valley: 10/11/10 Leadville : 10/8/10	http://www.coloradomtn.edu/
Colorado Northwestern Community College		http://www.cncc.edu/cms/
Colorado School of Mines	Preview Mines 2010: 10/30/10, 11/20/10	http://www.mines.edu/
Colorado State University	Showcase Colorado State Visit Day: 10/01/10, 10/29/10, 11/12/10	http://www.admissions.colostate.edu/
Colorado State University-Pueblo	Discover CSU-Pueblo Visit Day: 10/29/10	http://www.gocsupueblo.com
Community College of Aurora	Fall Preview Days: 10/15/10, 10/22/10, 10/29/10, 11/5/10, 11/12/10	http://www.ccaurora.edu/
Community College of Denver		http://www.ccd.edu/
Fort Lewis College	Skyhawk Saturday: 10/16/10, 11/13/10	http://fortlewis.edu/
Front Range Community College		http://www.frontrange.edu/
Johnson & Wales University	Johnson & Wales University Preview: 11/13/10, 12/11/10 Senior Day: 10/2/10	http://www.jwu.edu/denver/
Lamar Community College		http://www.lamarcc.edu/
Mesa State College	Mesa Experience Visitation Programs: 10/9/10, 11/13/10	http://www.mesastate.edu/
Metropolitan State College of Denver	The Metro State Open House: 11/6/10	http://www.mscd.edu/
Morgan Community College		http://www.morgancc.edu/
Naropa University	Undergraduate Preview Weekend: 10/1/10-10/2/10 High School Counselor Visit Day: 9/21/10 Community College Transfer Advisor Day: 10/20/10	http://www.naropa.edu/
Northeastern Junior College	Discover Day: 11/12/10	http://www.njc.edu/
Otero Junior College		http://www.ojc.edu/
Pikes Peak Community College		http://www.ppcc.edu/
Pueblo Community College		http://www.pueblocce.edu/
Red Rocks Community College		http://www.rrcc.edu/
Regis University	Fall Fridays: 9/17/10, 10/15/10, 10/22/10 Fall Visit Day: 11/13/10	http://www.regis.edu/

Visit Days: continued on page 4

Visit Days: continued from page 3

Rocky Mountain College of Art + Design	National Portfolio Day: 9/26/10	http://www.rmcad.edu/
Trinidad State Junior College	10/23/2010	http://www.trinidadstate.edu/
United States Air Force Academy		http://www.usafa.af.mil/
University of Colorado at Boulder	Be A Student for a Day: 9/17/10, 9/24/10, 10/1/10, 10/29/10, 11/12/10, 11/19/10	http://www.colorado.edu/
University of Colorado at Colorado Springs	The Mountain Lion Experience: 10/22/10 - Criminal Justice, Social Sciences, Liberal Arts 11/5/10 - Business 11/19/10 - Engineering, Computer Science, and Bachelor of Innovation 12/3/10 - Biology, Chemistry, Health Sciences, and Nursing	http://www.uccs.edu/
University of Denver	Fridays @ DU: 10/1/10, 10/15/10, 10/22/10 Open House Visits: 10/11/10, 10/25/10	http://www.du.edu/admission
University of Colorado Denver		http://www.ucdenver.edu/
University of Northern Colorado	Preview Days: 10/15/10, 10/30/10, 11/20/10	http://www.unco.edu/
Western State College of Colorado	Preview Day: 10/22/10	http://www.western.edu/

SAVE THE DATE!

The next Annual Conference is December 2 & 3, 2010

The Annual Conference is a two-day professional development event held on the first Thursday and Friday in December each year. The event also includes pre-conference sessions for new attendees, keynote speakers, vendor displays, and entertainment on Thursday evening.

Registration is now open!

*This year's conference will be held at
the Embassy Suites in Loveland*

Getting to Know You: Council Member Bios

In This Issue: Cathy Nabbefeld



School: Colorado Academy

Number of years at current school: 17

Where you grew up: Chelmsford, MA

Reason for/Route of entering the guidance/counseling field: Attended a “brown-bag lunch series” designed for directionless seniors in the spring of my senior year in college – it was entitled “careers in education”. I was intrigued, so started a job search and began my first job in boarding school admissions as a sort of fluke. Realized how much I liked working with this age group but also realized I wanted more consistent contact with the kids over time. So the switch to college counseling seemed to make sense.

Best/favorite thing about your job: That’s a tough one. I do love those weeks right before graduation when lots of kids start to get nostalgic about the impact their teachers/school have had on them. I love when they come back years later and share where they’re headed in life, especially when it takes them into the education field. (Three former students are now colleagues at my school.) But most of all I think I love those moments when kids come in at the start of senior year and you can just see how much they’ve grown up and been transformed over the summer... when they start to really figure out who they are.

Best thing about CCHS/CR: As someone who moved to Colorado not knowing a soul, Dan Franklin’s outreach to me and suggestion that I get on Council as a representative was one of the best things I’ve done professionally and brought me to meet some pretty amazing people in this state.

First volunteering position or experience with CCHS/CR: Private School representative, then co-chaired Admissions Practices.

Work related goal for the next year: Breathe deeply, don’t let the stress get to me.

Personal goal for the next year: Make it through another year without succumbing to the lures of Facebook.

When you were 10, what did you want to be when you grew up?
A truckdriver. Something about the big open road, driving endlessly to new horizons.

Best book you’ve read lately: Mountains Beyond Mountains ... about Dr. Paul Farmer and the health clinics he began in Haiti.

Best way to spend a free afternoon: a hike with the dog ... assuming zipping down to a Mexico for a margarita on the beach isn’t possible.

Advice for a new counseling professional: Breathe deeply, don’t let the stress get to – you are making a difference, even if it doesn’t always seem that way.

Fall Events: continued from page 4

a series of workshops in the fall that allows high school counselors to receive brief updates on each college and university as well as recharge professional relationships. Breakout sessions after lunch cover a variety of topics to assist in the professional development of all attendees. See below for this year’s schedule and register online by Friday, September 10.

Fall Counselor Workshop Schedule

Sep. 15	Wed.	Colorado State University-Pueblo	Pueblo, CO
Sep. 23	Thu.	University of Northern Colorado	Greeley, CO
Sep. 24	Fri.	University of Denver	Denver, CO
Oct. 1	Fri.	Western State College	Gunnison, CO
Oct. 8	Fri.	Arapahoe Community College	Littleton, CO



Council Officers

President

Ari Rosner-Salazar
Community College of Denver
ari.rosner@ccd.edu

Past President

Vaughn Toland
Metropolitan State College of Denver
tolandva@mscd.edu

Treasurer

Bill Hathaway-Clark
Regis University
whathawa@regis.edu

Secretary

Stephanie Cuddihy
University of Denver
stephanie.cuddihy@du.edu

President Elect

Misty Sellden
Central High School
msellden@mesa.k12.co.us

Public Relations Committee

Chair

Emily Forbes
University of Denver
emily.forbes@du.edu

Committee Member

Ryan McCoy
Front Range Community College
ryan.mccoy@frontrange.edu

Committee Member

Chris Anderson
Arapahoe Community College
christopher.anderson@arapahoe.edu

Committee Member

Tiffany Kingrey
Colorado State University - Pueblo
tiffany.sciacca@colostate-pueblo.edu

Committee Member

Stephanie Cuddihy
University of Denver
stephanie.cuddihy@du.edu

Committee Member

Bridget Black
College in Colorado
bridget.black@cic.state.co.us

Newsletter Design & Layout

Lea Hanson
Colorado State University
lea.hanson@colostate.edu